

MAKE AN IMPACT ON RARE DISEASE DAY

SHOW YOUR STRIPES



Elementary School Events & Activities

Classroom Activities

- Show the [“What is Rare Disease Day?”](#) video.
- Download and print this [coloring sheet](#). Ask students to color in the hands and hang up all the handprints on a bulletin board in the hallway to raise awareness of Rare Disease Day.
- **Show off your classroom’s support of Rare Disease Day** by participating in the [Show Your Stripes Campaign!](#) Take a picture of your students showing their support for rare diseases by wearing stripes and share it on social media using #ShowYourStripes or email it to us at marketing@rarediseases.org!

Bullying & Acceptance

There are more than 30 million people affected by rare diseases and children are the large majority. Many children with rare diseases face bullying and lack of peer acceptance- teach your students about bullying, acceptance, and breaking down social barriers.

- Ask the students discussion questions:
 - What is a bully? How does a bully act?
 - Have you ever been bullied? How did it make you feel?
 - What should you do if you see someone being bullied?
- Define what bullying means.
 - Teasing
 - Talking about someone
 - Spreading rumors
 - Leaving kids out on purpose
- Explain to children that people may look different, talk different, and think differently- but they have the same feelings as you.
- Explain to children the concept of classmates always eating together- if someone is alone, join them or invite them to your table.
- Encourage students to sit with someone different and get to know each other.
 - Explain to the students that this can eliminate bullying and social isolation in the classroom.

Questions? Write to NORD at education@rarediseases.org.