



MAKE AN IMPACT ON THE BIGGEST DAY OF THE YEAR FOR RARE DISEASES

Rare Disease Day® takes place on the last day of February each year. The goal of this day is to raise awareness and generate positive action for the rare disease community.

The National Organization for Rare Disorders (NORD®) is the official US sponsor of Rare Disease Day. We work together with our sister organization EURODIS-Rare Diseases Europe and other national alliances to make a global impact. Everyone is invited to participate.

To learn what's happening around the world, visit the international website at rarediseaseday.org.

GET INVOLVED AND SHOW YOUR STRIPES®!

A symbol for rare diseases, the zebra inspired the **#ShowYourStripes** call to action. Whether you or someone you know has been impacted by a rare disease, find a fun way to join our community through embracing stripes on Rare Disease Day.

RAISE SOCIAL AWARENESS

To make the largest impact on social media, be sure to remember to tag **#ShowYourStripes** and **#RareDiseaseDay** in your posts.

DOWNLOAD MATERIALS

Each year we release downloadable resources to help you in sharing your story with local media or online. Sharing your experience helps people understand what it is like to live with or care for someone with a rare disease.

SHINE A LIGHT ON RARE DISEASES

Help our community light up as many buildings and landmarks as possible in Rare Disease Day colors on or around February 28.

HOST AN EVENT

Everyone is invited to participate in Rare Disease Day. Host an event in your town, school or company to educate others about rare diseases and the needs of our community.

DONATE

Your donations help us provide resources for the rare community across the country.

LOOKING FOR MORE INFORMATION?

Visit: rarediseaseday.us; interested sponsors may reach out via email to rddus@rarediseases.org.