**Volunteers & Supporters**

**BE A NORD® RARE DISEASE CHAMPION**

More than 30 million Americans — 1 in 10 people — are living with a rare disease. They are our loved ones, friends, colleagues, neighbors, classmates or even ourselves.

However you're connected to the rare disease community, your time and talent are urgently needed. The National Organization for Rare Disorders (NORD®) depends on volunteers like you to power our mission.

Together, we can drive life-saving policies, raise awareness, and fundraise for care and research to improve lives. Our loved ones and friends are counting on us.

**How to Get Involved**

Join the RARE ACTION NETWORK® to support the rare disease community in a variety of ways, including:

- **POLICY AND ADVOCACY TASK FORCE**: Join us! Make your voice heard and play an active role in influencing legislative decisions that support and protect rare disease patients.

- **STUDENTS FOR RARE®**: Are you a high school or college student that wants to rally your community or explore future opportunities working with the rare disease community? Find a chapter near you or start your own and become part of NORD’s youth movement to make a difference.

- **RUNNING FOR RARE®**: Put meaning behind your miles! Become a Running for Rare® team member and help raise funds and awareness for those living with rare diseases. Our program pairs runners and walkers year-round with rare community members to unite in the fight for individuals with rare diseases.

- **RARE DISEASE DAY®**: NORD is the official U.S. partner for this worldwide rare disease awareness day (the last day of every February). Help NORD and its partners shine a spotlight on rare diseases. Participate in our inspiring #ShowYourStripes social media and community-outreach campaign. Learn more at rarediseaseday.us.

**OUR REACH**

- **62**
  - Students for Rare® chapters raise awareness and funds at U.S. high schools and universities

- **100+**
  - Running for Rare® team members and community partner participants in 2022

- **11,000**
  - Rare Action Network® volunteers engage in grassroots programs, fundraising and policies that improve lives

Find ways to get involved at rarediseases.org/get-involved